



## TUNING INTO KIDS

**A six week program exploring emotionally intelligent parenting.**



**Tuesday's**  
30 July – 3 September 2019  
9.15am – 11.45am



**St John the Baptist School**  
21a Dulkara Road  
Woy Woy



FREE

**This group program for parents of primary school children will show you how to help your child develop emotional intelligence.**

You will learn how to:

- Be better at talking with and understanding your child
- Help your child learn to manage their emotions
- Prevent behaviour problems in your child
- Teach your child to deal with conflict.

Children with high emotional intelligence:

- Have greater success with making and keeping friends
- Have better concentration at school
- Are more able to calm down when angry or upset
- Tend to have fewer childhood illnesses.

**BOOKINGS  
ESSENTIAL**

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