



# ST JOHN THE BAPTIST CATHOLIC PRIMARY SCHOOL

At St John the Baptist Catholic Primary School - We are Respectful Responsible Learners

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### CONTACT US

Phone: 4341 0884 Fax: 4344 5049

Email: [sjbww@dbb.catholic.edu.au](mailto:sjbww@dbb.catholic.edu.au)

Website: [www.sjbwoywoy.dbb.org.au](http://www.sjbwoywoy.dbb.org.au)

Facebook: <https://www.facebook.com/StJohnTheBaptistCatholicPrimarySchoolWoyWoy>

Parent Representative Group Email: [sjbprg@gmail.com](mailto:sjbprg@gmail.com)

Please check the **Skoolbag App** for up to date event

information. Also visit our website

<http://www.sjbwoywoy.dbb.org.au/index.cfm>

**2018 TERM 3 WEEK 2**

### DIARY DATES – PLEASE SEE APP FOR MORE DETAILS

Friday 3 August	Helpers are needed in the Canteen 9am or 1pm  12 noon Kinder, Yrs 1 & 2 Mass in Hall 2.20pm Whole school assembly in Hall Led by Year 1 Sacrament of Confirmation Celebration – SJB Parish Church
Wednesday 8 August	2.20pm St Mary of the Cross Liturgy
Friday 10 August	CCC Athletics Carnival @ Mingara (selected children) Helpers are needed in the Canteen 9am & 1pm
Tuesday 14 August	ICAS Maths (selected children)
Wednesday 15 August	9am Parent Cuppa in the Family Room – ALL WELCOME Scholastic Bookclub orders close today Assumption of the Blessed Virgin Mary 12 noon Mass @ Church Years 3 – 4 <b>PERMISSION REQUIRED Please complete Eform on APP</b> 2.20pm Paraliturgy in Hall Kinder, Years 1 and 2

Going on holidays for more than 10 days – complete this form

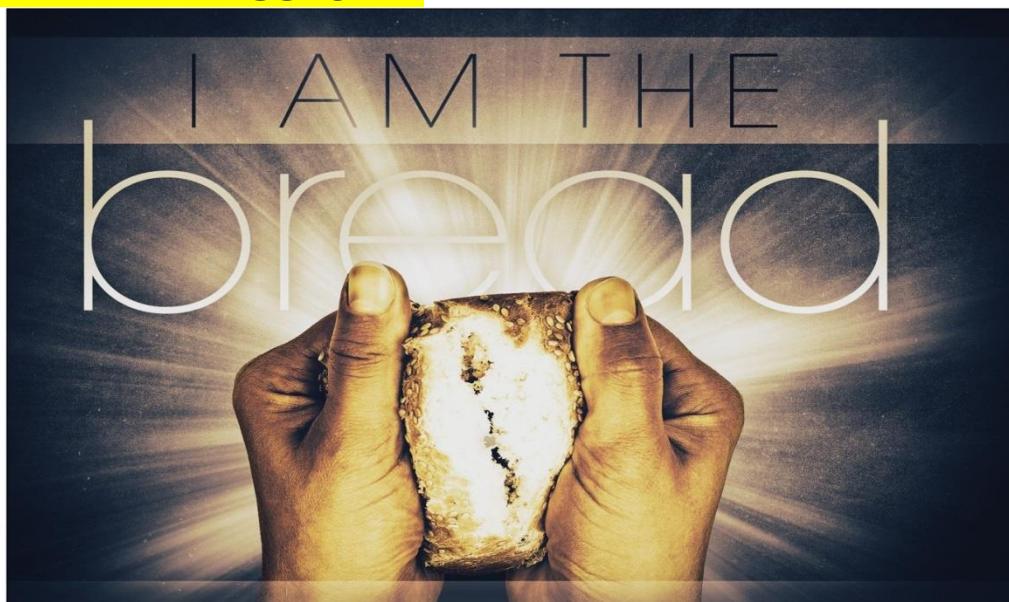
[Application for Exemption \(10+ days\)](#)

**Medication** (This form must be completed by a medical practitioner if any medication is required at school)

[Click here for form](#)

**If your child is an asthmatic we require a completed medication form as well as an "Asthma Plan"**

### CATHOLIC LIFE AND MISSION...



This Sunday we look to the Gospel of John ([Jn 6:24-35](#)), where we see Jesus unpack the sign that was given in last weeks Gospel – The Feeding of the Five Thousand. However, the sign was not about having a tummy full of food. The sign is about who Jesus is!

In the Gospel Jesus talks about how their ancestors ate manna in the desert. This food helped the Israelites from going hungry in the desert for 40 years.

That happened a long time ago. But did you know that God has sent us, me and you, bread from heaven, too? In John's Gospel, Jesus says he is the true bread from heaven – the sign. He didn't mean that he was like a slice of bread. He wasn't talking about the kind of bread that stops our tummy hunger. He is the kind of bread that stops our spiritual hunger. You see, we're all hungry for God's love, kindness, care, and grace. When we have Jesus in our lives, then we are no longer hungry for those things because he fills us up! When Jesus is in our hearts, we aren't hungry anymore because we are full of his love for us.

Let's pray: Thank you Jesus for being the true bread of life that fills us up with God's love. Amen.

## What's coming up?

### Week 2

**Friday 3<sup>rd</sup> August:** Infants Mass in the hall at 12:00pm (led by

Kindergarten)

and

Sacrament of Confirmation at SJB Parish – 5:30 & 7:30pm



### Week 3

**Wednesday 8<sup>th</sup> August:** St Mary of the Cross MacKillop Liturgy in hall at 2:20pm.

**Friday 10<sup>th</sup> August:** Stage 2 Mass in the hall at 12:00pm (led by Year 4) and Year 4 Reconciliation.

### Week 4

**Wednesday 15<sup>th</sup> August:** The Assumption of the Blessed Virgin Mary ~ Yrs 3-6 Mass at SJB Parish at 12:00pm. Infants Liturgy in hall at 2:20pm.

### Week 5

**Friday 24<sup>th</sup> August:** Stage 3 Mass in the hall at 12:00pm (led by Year 6) and Year 6 Reconciliation.

### Week 6

**Friday 31<sup>st</sup> August:** Father's Day Mass in hall at 9:00am.

**\*\* Please send in photos of Fathers for our Mass presentation  
to [sjbschoolww@gmail.com](mailto:sjbschoolww@gmail.com) NO LATER than 27/8/2018 \*\***

God Bless,

Amanda Dillon

Religious Education Coordinator

[Click here for the Parish Bulletin](#)

Come join us for Children's Liturgy of the Word  
9:15 am Mass

St John the Baptist Parish, Woy Woy Peninsula

For ages 5-12 years / Operates most 2nd, 3rd 4th Sundays of the month excluding Christmas holidays.  
Further enquires contact Christine French 4342 4548

## **FROM THE PRINCIPAL....**

Welcome back to another term filled with learning and a diverse range of activities and opportunities in which the children can participate!

### ***Grandparents***

It was lovely to have so many grandparents join us for our recent celebrations on the feast day of Sts Joachim and Anne, who were Jesus' grandparents. The children were delighted to have such special members of their family in the school. A special thanks to the members of the PRG and kinder parents who organized the scrumptious morning tea.

[Click here for photos](#)

### ***Kinder 100 days***

On Monday this week the Kinder children celebrated being at school for 100 days. They enjoyed a day dressed up as "very old people" and showing off their "age" to the whole school at our morning assembly.

[Click here for photos](#)

### ***Police Talk***

This week Senior Constable Jaime Tommerup visited our school to speak with students in Years 5 and 6. SC Tommerup explained that once you reach the age of ten you are able to be charged with any offence that an adult can be, e.g. assault, harassment etc... Even if the offence happens at school, at home or at weekend sport children from the age of ten are accountable to the same laws as adults. She also explained to the students the dangers of having social media accounts and the powers the police have to track content put on the internet. Even if it's deleted it can still be retrieved! SC Tommerup reminded the students that the legal age for social media accounts is thirteen.



## **Fundraising For Farmers**

We have a diocesan policy which states:

*The Catholic Schools Office establishes this policy to serve the following purposes:*

- 1. To ensure the Diocesan School System gives priority in its fundraising and other charitable works to Catholic mission, development and welfare agencies.*

As you can imagine with so many children/families in our school a lot of requests are received for fundraising which could place a heavy burden on our community. We therefore, only support Catholic fundraising within the school community.

However, during this terrible time of drought which the farmers are experiencing the Director of Schools, Mr Peter Hamill, has approved the below fundraising initiative:

**'Fiver for a Farmer'** which was featured on Sunrise (Channel 7) this week.

Please click on the link below to view.

<https://twitter.com/sunriseon7/status/1024420502473850880>

Therefore, on Monday 13th August our SJB community will join with other schools in the Broken Bay Diocese by dressing up as a farmer and donating \$5.00 which will purchase a bale of hay. We are encouraging students to earn the \$5.00 they donate by doing extra jobs at home, for neighbours etc.

All money raised will go to Rural Aid and Drought Angels. Rural Aid have come up with the Buy a Bale Campaign and will deliver feed to the farmers.

Drought Angels fund counsellors who are supporting the families doing it tough. More information can be found at [www.afiverforafarmer.com.au](http://www.afiverforafarmer.com.au)

A challenge has also been set for Bill Shorten and Malcolm Turnbull to dress up as farmers on the 13 August too, which happens to be the first sitting day of parliament.

We look forward to your support of struggling farmers on Monday 13 August.

### **Parent Cuppa**

Please join us on Wednesday 15<sup>th</sup> August at 9am in the Family Room for a cuppa with members of the PRG and Fran Kane and me.

### **Parent Education Term 3**

This term we are offering an information session on "The Resilient Child" on Tuesday 4<sup>th</sup> September at 7pm in the Family Room.

### **Public Speaking**

This term the whole school concentrates on the skill of Public Speaking. Every child from kinder to Year 6 is asked to prepare and present a speech. This is such an important skill and one that the children are required to use regularly in High School to present their assignments/findings. Please support your child/ren to undertake this important skill development even if they feel afraid or don't want to.

[Click here for outline](#)

### **PPP – Positive Parenting Program**

Triple P is a parenting program which provides practical answers to everyday concerns. This term we are again offering the program here at school on the following dates:

6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> and 27<sup>th</sup> September 2018 from 9am – 11am in the Family Room.

Please contact our FLO, Melissa Evans, to register.

## **ICAS Science Competition**

We congratulate all 13 children who participated in the ICAS Science Competition last term.

Special commendation to the following students for their achievements:

Distinction: Year 4: Adam O.

Credit: Year 6: Will H.

Merit: Year 3: Jasmine O., Cadey P., Eden V., Year 4: Arlo T., Year 6: Lian S., Polina R.

## **Athletics Champions**

Congratulations to our Athletic Carnival Champions!

[Click here for photos](#)

## **Merit Awards**

Congratulations to the children who received merit awards at our school Assembly in week 10 last term.

[Click here for photos](#)

## **Silver and Gold Awards**

Congratulations to the children who have reached their Silver and Gold Awards.

[Click here for photos](#)

May we all be open to the work of the Holy Spirit in our lives.

Nicole Cumming

## **FROM OUR FLO...**

### **WELLBEING WALK FOR PARENTS TERM 3**

**I would like to invite all parents/carers to join me for a morning walk at 10am @ Umina surf Club on the**



**9<sup>th</sup> August & 11<sup>th</sup> September**



**Let's get active whilst enjoying the beautiful coastline, conversation and good company.**

**[melissa.evans1@dbb.catholic.edu.au](mailto:melissa.evans1@dbb.catholic.edu.au)**

## **SCHOOL FEES**

A big thank you to those families that have kept their payments up to date.

For Families on standard payments (3 payments per year) the last and final payment was due on the **27<sup>th</sup> July 2018**.

I ask that all families keep their payments up to date to ensure all will be paid in full by the 15<sup>th</sup> November.

Fee statements will be sent out next week.

There is a large number of families who are overdue with their time payments. We need this money as the school has a lot of expenses coming up in the next few months with excursions, swim school, surf program and the school concert.

If your family is experiencing financial hardship, please contact myself or the Principal, Nicole Cumming.

Terry Adams  
Senior Finance Officer

## **LIBRARY CORNER**

Children's Book Week - Find Your Treasure!



Our big Library event for Term 3 is **Children's Book Week**, which is celebrated right around Australia. The theme for 2018 is "**Find Your Treasure**" and we have some special events planned. More information about Children's Book Week can be found at the [Children's Book Council of Australia](#) website. Some important dates:

- Author Jacqueline Harvey visiting -Wednesday 22/8
- Scholastic Book Fair - Mon 20/8- Fri 24/8

### **Premier's Reading Challenge News**

***The Premier's Reading Challenge finishes in just a few weeks! The last day that reading records can be completed is Friday 31st August (Week 6) at 3pm. Any reading records completed after that will not be eligible for a Certificate.***

To start your reading record: Go to the [Premier's Reading Challenge](#).

- Click **Logon** at the left of the screen, and click **Student Reading Records**
- Enter the **PRC ID** number of the book if known (on the first page of our library books)  
Otherwise, Author and Title can be used. Click **Add**.

If you have any questions please don't hesitate to get in touch.

## Recently in Library...

Michaela promotes our brand new Monday Book Club; Year 1-2 students at the Monday Book Club, and students coding at our Monday lunchtime Code Club on Monday.



## Robokids Incursion

We are very excited to be hosting a Robokids incursion/workshop on Tuesday 18<sup>th</sup> September (Week 9). This opportunity is **open to all grades.**

- Year K-1: half day session costs \$27.50
- Year 2-6: a full day session costs \$44.00

There will be four workshops on the day: Kinder (first half), Year 1 (second half), Year 2-3 (full day), Year 4-6 (full day). Each group will have a maximum of 30 students so please return your form early to avoid disappointment. [Please click here for the permission slip.](#)

## Library classes for Term 3

Tue: 1G, 1B, 1R, 4G, 4R, 4B, 3B.

Wed: 2B, 2R, 2G, 6B, 6G, 3R.

Thur: KG, KB, KR, 5G, 5B, 5R, 3G.

**Please note that library bags are required for borrowing each week for Kinder – Year 4. Thank you for your help with this.**

Ann Hall, Teacher Librarian

**Small changes,  
big differences.**



## **FREE Triple P Primary School Age Group Program**

facilitated by **Central Coast Family Support Services Inc**

*Come along and learn from the program and each other*

**Be the Best Parent You can be....**

*With Triple P – Positive Parenting  
Program*

*Triple P is a parenting program for all families that  
provides practical answers to everyday concerns.*

*Families NSW is offering Triple P to all families with  
children aged 2-8 years.*

**Venue:** St John the Baptist Catholic Primary School,

21 Dulkara Rd, Woy Woy

**When:** **4 Thursday sessions in Term 3, 2018;**

**6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> and 27<sup>th</sup>**

**September 2018**

**Time: 9:00am to 11:00am**



**Bookings essential!**

To register for this group please  
phone **43401585**

**CENTRAL COAST**



**Sorry, No Childcare**

[www.triplep.net](http://www.triplep.net)

## **FROM THE PRG...**

### **Grandparents Day**

Thank you to the Grandparents of our SJB community for attending a lovely morning with the children last Thursday. This is a tradition that our school always enjoys. Thank you to the Kindergarten parents/carers who hosted the morning tea, shared delicious food and made our grandparents feel welcome. Thanks to Amanda Dillon, Nic Cumming, Fran Kane and Melissa Evans for all you did in preparation and on the day.

We have a very special community at SJB!

Celeste & Tara, on behalf of your Parent Rep Group

**CANTEEN...**

Open every day.

Orders can be made on Flexischools [click here](#)

Canteen Menu [click here](#)

**Thank you to everyone who volunteers to assist in the canteen. You are very much appreciated. If you would like to become a volunteer please let me know. Fridays are particularly busy so any help given will be welcomed – even if your assistance is only for an hour or two, say at 9am and 1pm.**

**USEFUL INFORMATION FOR PARENTS**

For day to day events and details visit our Skoolbag App

Please refer to the school website for more information: [www.sibwoywoy.dbb.org.au](http://www.sibwoywoy.dbb.org.au)

Or click on the links below:

[Our School](#)

[Faith and Mission](#)

[Learning and Teaching](#)

[Student Wellbeing](#)

[School Community](#)

[News and Events](#)

[Enrolments and Contacts](#)

## New School Banking rewards now available!

Exciting new Term 3 rewards with a Super Savers theme are now available, while stocks last!

**Mighty Boom Handball**



**Heat Reactor Pencils**



For every deposit made at school students will receive a silver Dollarmites token. Once students have individually collected 10 tokens they can redeem them for exclusive School Banking reward items in recognition of their regular savings habits. There are two new items released each term so be sure to keep an eye out for them!

Thank you for supporting the School Banking program and remember, School Banking day is every Wednesday.



**OPEN DAY SAT 4TH AUG 1 - 4PM**  
**STRATFORDMUSIC.COM.AU**

**BOOK A FREE LESSON  
NOW FOR  
GUITAR, PIANO,  
VOCALS, DRUMS  
OR VIOLIN**

**4344 5809**

**COMMUNITY NOTICES...**

## PENINSULA JUNIOR TOUCH ASSOCIATION

Online Registrations OPEN – Friday 6 July 2018

Online Registrations CLOSE – 5:00pm Friday 10 August 2018

\$90 PER CHILD (1ST CHILD)

\$85 PER CHILD (2ND CHILD)

\$80 PER CHILD (3+ CHILDREN)

Please follow the online registration process at [www.peninsulajuniortouch.com.au](http://www.peninsulajuniortouch.com.au)

Inquiry: [admin@peninsulajuniortouch.com.au](mailto:admin@peninsulajuniortouch.com.au)



Peninsula Ducks SOFTBALL CLUB

Looking for a Summer sport suitable for the whole family?

**Softball** is a family friendly game suitable for all ages and all abilities!

Be a Player or volunteer as a Coach, Scorer, Manager or Umpire

ALL PLAYERS RECEIVE  
PLAYING SHIRT, CAP,  
SOCKS & HELMET  
**FREE!!**

APPROVED PROVIDER  
**ACTIVE KIDS**  
CLAIM YOUR VOUCHER TODAY!  
SPORT.NSW.GOV.AU/ACTIVEKIDS

ALL PLAYERS AGED 17 &  
UNDER ALSO RECEIVE  
GLOVE AND BALL SET  
**FREE!!**

**Registration and Information Days**

<b>@ Deepwater Plaza Woy Woy</b> Saturday 28 <sup>th</sup> July 2018 Sunday 5 <sup>th</sup> August 2018 10am to 2pm	<b>@ Woolworths Umina</b> Saturday 25 <sup>th</sup> August 2018 Sunday 26 <sup>th</sup> August 2018 10am to 2pm
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For more information contact Di Barrymore on 0409125250  
Or email [peninsuladuckssoftball@yahoo.com](mailto:peninsuladuckssoftball@yahoo.com)

*So come along, bring the family and have some fun this summer. We'd love to have you on one of our teams this season!!*



# BaRK

for reluctant readers

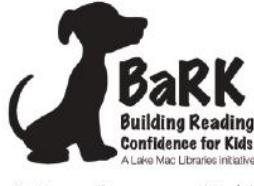
## Dogs are great listeners!

This eight-week program provides an innovative approach to help primary school children practice reading aloud on a one-to-one basis to a trained therapy dog from the Delta Society.

The 15 minutes sessions help to remove stress and peer pressure by creating an environment of unconditional acceptance and emotional support to make reading fun.

As spaces are limited, families must commit to the full eight week program.

Call 4304 7641 or 4304 7337 for further details and bookings.



Get your Paws on a Book!



Library  
Service

Bateau Bay | Erina | Gosford | Kariong | Kincumber | Lake Haven

Tuggerah | The Entrance | Toukley | Umina | Woy Woy

[centralcoast.nsw.gov.au/jointhelibrary](http://centralcoast.nsw.gov.au/jointhelibrary)

# A Guide for Women who may be experiencing Domestic Violence



Are you worried about how you are being treated by your partner or husband, boyfriend, family member or carer?

It can be difficult to recognise the signs of abuse.

## WHAT IS DOMESTIC VIOLENCE?

Domestic violence is a pattern of abusive behaviour carried out by a family member or other significant relationship (e.g. de-facto partner, parent to child) that is threatening or harmful to other members of the family or relationship. It involves the use of power and control by one person over another or others, and results in fear, distress and often isolation.

There are other types of violence that can occur in families and relationships. These are not necessarily linked to behaviour patterns of power and control, but they can be harmful to individuals and to family and community harmony. All violence is unacceptable.

Remember, you are not to blame for the abuse.  
You have a right to feel safe and to live free from violence and intimidation.

## HOW MIGHT DOMESTIC VIOLENCE BE AFFECTING ME?

All forms of violence have damaging consequences. Your confidence can become worn down by abuse.

*If you have been in an abusive relationship you may feel:*

- Afraid to tell anyone
- Worried that it's your fault
- Depressed and alone
- Confused
- Scared of coping on your own
- Scared it will get worse if you leave
- Worried about what others will think
- Afraid that no-one will believe you
- Frustrated and sad because you've tried everything.

**Emotional abuse:** When someone regularly puts you down, criticises you, threatens to stop you from seeing your family or children, or threatens to commit suicide if you leave the relationship.

**Spiritual abuse:** Preventing you from making or keeping connections with your religious ceremonies or practices or preventing you from expressing your spiritual identity.

**Social abuse:** When someone prevents you from seeing your friends and family, makes you feel guilty about socialising or working, constantly checks up on your whereabouts.

**Financial abuse:** When your partner/family member takes control of your financial affairs and you don't want them to, preventing you from accessing money.

**Sexual abuse:** When someone makes you do sexual things that you don't want to do.

**Stalking:** When a partner, ex-partner, or someone else follows you around, or repeatedly tries to contact you, even if you say you don't want this contact.

**Physical abuse:** Includes pushing, hitting, throwing objects, driving dangerously to frighten you, threatening to physically harm you, other people, children or pets.

**Neglect:** Denying you from having adequate or appropriate food, shelter, and/or clothing

## IS THIS AFFECTING MY CHILDREN?

Children can't feel safe or happy if their mother is being hurt. They may feel frightened or helpless. Some children may try to protect you, or they might feel angry and blame you. Some children may even think it is their fault.

Children may:

- Feel unwell with stomach cramps or headaches
- Have trouble concentrating at school
- Have difficulty with friendships
- 'Act out' or withdraw
- Learn that violence can give them control over others.

## YOU ARE NOT TO BLAME

Some abusers try to damage the relationship between a mother and her children.

The abuser may:

- Tell your children that you are a 'bad mother'
- Encourage your children to ignore what you say
- Stop you from attending to your children
- Be jealous of your pregnancy or when you are breastfeeding your baby

## WHAT YOU CAN DO FOR YOUR CHILDREN

A warm and supportive relationship with you or another family member makes a positive difference for your children. You can:

- Give lots of cuddles
- Tell them you love them
- Ask them how they feel, listen and give them opportunities to talk about the violence
- Reassure them that the abuse is not their fault
- Show them respect and help them show respect for others
- Let them know it is not their role to protect you
- Let them know that other children have similar experiences and that feeling upset is normal
- Get help and support for your children and for yourself

## WHAT YOU CAN DO FOR YOURSELF

No-one likes, asks for or deserves to live with abuse or violence. Working out what to do can be hard.

Your safety is important. Whether you decide to stay or leave the relationship:

- Plan where you can go and who you can call in an emergency
- Keep important items together in a safe place in case you need to leave suddenly – such as birth certificates, bank card, Centrelink details, money, medication, keys, clothes. Or leave these things with a trusted family member or friend.
- Teach your children what to do and who to call if they don't feel safe.
- Talk to someone you trust. You don't have to go through this alone. Talking about the abuse and how you feel can help you decide what to do. Talk to a friend, a family member, or a counsellor. Whoever you talk to shouldn't judge you.

*'As Church, the living body of Christ, we cannot remain silent. We must collectively and personally denounce a violence which erodes the human person in every way.'*

Most Rev Peter A Comensoli, 2018

## SERVICES THAT CAN HELP A VICTIM OF DOMESTIC VIOLENCE

**POLICE** – Call '000' for immediate assistance

**1800 RESPECT – 1800 737 732**

A national sexual assault, domestic and family violence counselling and advice service.

24 hours, 7 days a week.

**FOR NON-ENGLISH SPEAKERS**

Call 131 450 for an interpreter

**CATHOLIC CARE BROKEN BAY**

Central Coast: 02 4356 2600

Northern Beaches: 02 8043 2600

Naremburn: 02 8425 8700

Waitara: 02 9488 2400

This parish resource has been developed by the Diocese of Broken Bay's Catholic Life & Faith Formation Team in consultation with the Safeguarding Office (Chancery) and CatholicCare Broken Bay. This booklet is part of a Parish Kit which assists parishes to respond to those experiencing domestic violence or those who are seeking help for their violent behaviour. The kit is available for download [www.bbcatholic.org.au](http://www.bbcatholic.org.au)



# Key Telephone Numbers



## KEY TELEPHONE NUMBERS

### POLICE: 000

Call the Police for immediate assistance.

### 1800 RESPECT: 1800 737 732

A national 24-hour, 7 day a week service, for advice or support in relation to sexual assault and domestic violence. The service also connects victims to the nearest help according to their location.

### FOR NON-ENGLISH SPEAKERS

Call 131 450 for an interpreter

### CATHOLICCARE BROKEN BAY

CatholicCare provides a range of services to assist women and children experiencing domestic violence

Central Coast: 02 4356 2600

Northern Beaches: 02 8043 2600

Naremburn: 02 8425 8700

Waitara: 02 9488 2400 (during business hours) or 02 9488 2580 (5pm-10pm)

### MEN'S REFERRAL SERVICE: 1300 766 491

A national 24-hour 7 day a week anonymous and confidential counselling, information and referral service to help men stop using violent and controlling behaviour.

## FOR FEMALE MIGRANTS UNDER A TEMPORARY VISA

Migrants are especially vulnerable to abuse because they are in unfamiliar territory without knowledge of the laws and emergency services they can access.

If you are experiencing domestic violence, you can take out an Apprehended Violence Order (AVO) against your partner.

Under the Migration Act you can apply for permanent residency due to domestic violence.

Ring any of the following numbers:

**Immigration Advice and Rights Centre** 02 8234 0799 (Tues-Thurs, 2-4pm)

**Immigrant Women's SpeakOut Association** 02 9635 8022 (business hours)

**Legal Aid NSW** 1300 888 529 (business hours)

**PHYSICAL AND SEXUAL ABUSE ARE SERIOUS INDICTABLE OFFENCES UNDER THE NSW CRIMES ACT 1900. It is an offence to fail to report knowledge or belief of a serious indictable offence. If in doubt, call 000.**

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