

YANA – Helpful websites for parents

Raising Children network

www.raisingchildren.net.au

Kidsmatter

<http://www.kidsmatter.edu.au/>

Parent tool kit

www.parenttoolkit.com

School A TO Z for children <http://www.schoolatoz.nsw.edu.au/wellbeing>

Brain development

<https://www.youtube.com/watch?v=zLp-edwiGUU>

Calming techniques

<http://childhood101.com/2015/04/yoga-for-kids/>

<https://www.youtube.com/watch?v=BEPxPkQY6V8>

Yoga for Kids

<http://childhood101.com/2015/04/yoga-for-kids>

Parent resources

<http://www.parenttoolkit.com/>

<https://www.kidsmatter.edu.au/mental-health-matters/social-and-emotional-learning>

Useful Books to read before big school

The kissing Hand

Miss Bindergarten Gets Ready for Kindergarten

The Night Before Kindergarten

Welcome to Kindergarten

English Websites from Presentation:

<http://www.storylineonline.net>

<https://syllabus.bostes.nsw.edu.au/download/>