

## SUPPORTING YOUR CHILD'S LEARNING AT HOME

Education isn't something that only occurs in the classroom. Parents play **the most** important role in helping their children learn.

To support your child in a positive way ensure they have all the necessary equipment and notes needed for school. At a glimpse, here are some items your child will need each week at school:

School uniform	Drink bottle	Raincoat
Lunch box	School bag	Paint shirt
School hat	Library bag	

- Each child **must wear a school hat** whilst on the playground, including sport time. Sunscreen should be applied before school and supplied and applied by your child whilst at school.
- The St. John the Baptist School bag is compulsory and available from the Clothing Pool.

After School.....

- Right from the beginning of school set a good routine for homework. Your child will need some 'down time' and afternoon tea before starting homework
- Be relaxed about school work – children pick up when we are tense
- Never let an issue regarding school work impact on your relationship with your child – talk to the teacher if your child is getting stressed or anxious about homework or school.

Most importantly, continue to do all the things you did when they were younger – talk to them, go places, laugh together, play board games, nurture their curiosity, run around the yard, share special times together and READ READ READ!

Handy Hint: ***The importance of 'down time'***

Your child may find starting school very tiring. Where possible, **limit** the number of structured after school activities. It is important that your child has time for 'free play', plenty of fresh air and exercise after sitting and concentrating in a classroom all day.

Remember PLAY is kids natural WORK!